

INFORMAȚII
PERSONALE

Carmen Pantis

EXPERIENȚA
PROFESIONALĂ

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- | | |
|--------------|--|
| 1988–1991 | Medic Stagiari
Spitalul de Obstetrică și Ginecologie, Oradea (România) |
| 1991–1992 | Medic Generalist
Dispensar Medical Comunal, Suncuius (România) |
| 1992–1993 | Medic Generalist
Dispensar Medical Comunal, Ciuhoi (România) |
| 1994–1999 | Medic - Medicina de Urgenta
SMURD, Oradea (România) |
| 2004–2009 | Medic Specialist Anestezie - Terapie Intensiva
Spitalul Clinic Judetean de Urgenta, Oradea (România) |
| 2004–Prezent | Medic Primar ATI
Spitalul Clinic Judetean de Urgenta, Oradea (România) |

- 2024–Prezent Sef Sectie Clinica ATI I
Spitalul Clinic Judetean de Urgenta Bihor Oradea (România)
- 2000–2004 Preparator Universitar
Universitatea din Oradea, Oradea (România)
- 2004–2017 Asistent Universitar
Universitatea din Oradea, Oradea (România)
- 2017-2022 Sef Lucrari
Universitatea din Oradea, Oradea (România)
- 2022-Prezent Conferentiar Universitar
Universitatea din Oradea, Oradea (România)
- 2010–2011 Manager General
Spitalul Clinic Judetean de Urgenta, Oradea (România)
- 2008–Prezent Coordonator al Programului National de Transplant in Judetul Bihor
Ministerul Sanatatii, Bucuresti (România)
- 2011–Prezent Presedinte
Colegiul Medicilor Bihor, Oradea (România)
- 2025 -Prezent Vicepresedinte CMR cu probleme jurisdictie ,etică si deontologie profesională

EDUCAȚIE ȘI FORMARE

- 1978–1982 Diploma de Bacalaureat
Liceul Industrial Sinteza, Oradea (România)
- 1982–1988 Diploma de Licenta - Medicina Generala
Universitatea de Medicina si Farmacie "Iuliu Hatieganu", Cluj-Napoca (România)
- 1994–1997 Competente in Medicina de Urgenta

Spitalul Clinic Judetean de Urgenta, Oradea (România)

- 1999–2004 Medic Specialist Anestezie - Terapie Intensiva
Spitalul Clinic Judetean de Urgenta, Oradea (România)
- 1998–2007 Doctorat in Stiinte Medicale - Farmacologie
Universitatea din Oradea, Oradea (România)
- 2003–2007 Curs FEEA
Facultatea de Medicina si Farmacie, Targu-Mures (România)
- 2008 Curs Coordonator Transplant
Florenza (Italia)
- 2008 Curs Management Transplant
Barcelona (Spania)
- 2010 Curs Medicina Paliativa
Oradea (România)
- 2010 Curs Management Sanitar si Spitalicesc
Bucuresti (România)
- 2010 Atestat Ingrijiri Paliative
Oradea (România)
- 2012 Curs GLS San Diego
San Diego (SUA)
- 2017 Formator Curs POSDRU Transplant
Bucuresti (România)

COMPETENȚE PERSONALE

Limba(i) maternă(e) Română

Alte limbi străine cunoscute	ÎNȚELEGERE		VORBIRE		SCRIERE
	Ascultare	Citire	Participare la conversație	Discurs oral	
Engleză	C1	C1	C1	C1	C1
Franceză	B1	B1	B1	B1	B1

Niveluri: A1 și A2: Utilizator elementar - B1 și B2: Utilizator independent - C1 și C2: Utilizator experimentat

Cadrul european comun de referință pentru limbi străine

Competențe de comunicare Excelența în relații și cercuri sociale, dovada stand reputația impecabilă după peste 37 de ani în domeniul medical, unde astfel de competențe fac întotdeauna diferența. Experiența în domeniul educațional universitar a contribuit și ea la sporirea capacității de înțelegere și comunicare cu oameni de toate vârstele și din toate arealurile sociale.

Competențe organizaționale/manageriale Organizator excelent, cu o atenție sporită la detalii, un manager productiv cu capacitate sporită de reconstrucție și restructurare.

Competență digitală

AUTOEVALUARE				
Procesarea informației	Comunicările	Creare de conținut	Securitate	Rezolvarea de probleme
Utilizator experimentat	Utilizator experimentat	Utilizator independent	Utilizator independent	Utilizator independent

Alte competențe Absolvența a programului ECDL, adaptabilitate crescută, bune cunoștințe tehnice generale. cursuri comunicare

Permis de conducere B

INFORMAȚII
SUPLIMENTARE

Membră a următoarelor asociații: Societatea Romana de Anestezie, ESA, ROSPEN, Societatea Romana de Transplant, Societatea Europeana a Transplantului de Organe, Societatea Europeana a Medicinii ATI.

Peste 34 de lucrari stiintifice in domeniul medical si farmaceutic, incluzand o carte.

Participare anuala la congresele ESAIC/ESICM/ESOT

Membru in Comisia ATI a Colegiului Medicilor din Romania din 2016.

Membru in Comisia ATI a Ministerului Sanatatii 2017-2024

Membru titular al Senatului Universitatii din Oradea din Octombrie 2019-ian 2024

Membru in colectivul de redactare/editare revista “Central European Annals of Clinical Research.”

Implementarea proiectului HURO 0802/082 – “Bihar Counties Health Care Contribution” in calitate de manager al Spitalului Clinic Judetean de Urgenta Oradea incepand cu 01.03.2011.

Implementarea proiectului “Eficientizarea serviciilor medicale prin implementarea unui sistem integrat la SCJU Oradea”, co-finantat prin Fondul European de Dezvoltare Regionala a POS CCE in calitate de manager al Spitalului Clinic Judetean de Urgenta Oradea incepand cu 02.09.2010.

LISTA LUCRARI

Autor principal

1. Brata, R.D.; Vesa, C.M.; Moisi, M.I.; Ghitea, T.C.; Pop, N.O.; Pantis, C. Inflammatory Load Across Diabetes Duration: CRP and ESR Patterns and Their Metabolic Correlates. *Metabolites* 2026, 16, 202. <https://doi.org/10.3390/metabo16030202>
2. Popoviciu, M.S.; Pop, A.M.; Ghitea, T.C.; Dorobantu, F.R.; Pantis, C.; Pop, N.O.; Brata, R.D. HbA1c as a Continuous Marker of Microvascular Vulnerability: Development of a Non-Linear Risk Framework in a Real-World Cohort. *Metabolites* 2026, 16, 197. <https://doi.org/10.3390/metabo16030197> , Autor correspondent
3. Pantis, C.; Vesa, C.M.; Ghitea, T.C.; Trifan, D.F.; Brata, R.D.; Pop, N.O.; Moisi, M.I. Diabetes Duration Is Associated with Declining Kidney Function: eGFR and CKD Burden Across Duration. *J. Clin. Med.* 2026, 15, 2235. <https://doi.org/10.3390/jcm15062235>
4. Popoviciu, M.S.; Ghitea, T.C.; Pantis, C.; Brata, R.D. Determinants of HbA1c Variability Across Clinical Subgroups: When the Same Value Does Not Reflect the Same Biological Risk. *Medicina* 2026, 62, 451. <https://doi.org/10.3390/medicina62030451> , Autor correspondent
5. Pantis, C.; Popoviciu, M.S.; Ghitea, T.C.; Pop, M.A.; Brata, R.D. Organ Support Requirements as Markers of Disease Severity and Mortality in Hospitalized Patients. *J. Clin. Med.* 2026, 15, 1766. <https://doi.org/10.3390/jcm15051766>, prim autor
6. Popoviciu, M.S.; Ghitea, T.C.; Pantis, C.; Pop, N.O.; Brata, R.D. HbA1c-Based Metabolic Stratification: A Retrospective Study of Clinical and Biological

Differences Across Normoglycemic, Prediabetic, and Diabetic Subjects. *Diagnostics* 2026, 16, 566. <https://doi.org/10.3390/diagnostics16040566>, Autor corespondent

7. Vindis, K.; Nemeth, N.; Marge, C.; Pantis, C.; Pop, M.G.; Pop, M.S.; Bondar, L.I.; Jurcau, M.C.; Babeş, K. Effects of Physical Exercise on Walking Distance and Functional Limitations in Patients with Chronic Dyspnea. *Medicina* 2025, 61, 636. <https://doi.org/10.3390/medicina61040636>, Autor corespondent

8. Uivarosan, D.; Bungau, S.; Tit, D.M.; Moisa, C.; Fratila, O.; Rus, M.; Bratu, O.G.; Diaconu, C.C.; Pantis, C. Financial Burden of Stroke Reflected in a Pilot Center for the Implementation of Thrombolysis. *Medicina* 2020, 56, 54. <https://doi.org/10.3390/medicina56020054>

9. Vindis K., Suci R.N., Pop M.S., Pop M.G., Aur C., Mocuta D., Babeş K., Pantis C. -Correlation between the Borg score, static disorders, and general symptomatology in patients with chronic dyspnea, *Balneo and PRM Research Journal*, 2025, 16(1): 787, <https://bioclima.ro/Balneo787.pdf>

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Coautor

1. Negrut N, Nistor-Cseppento DC, Khan SA, Pantis C, Maghiar TA, Maghiar O, Aleya S, Rus M, Tit DM, Aleya L, Rahdar A, Bungau S. Clostridium difficile Infection Epidemiology over a Period of 8 Years—A Single Centre Study. *Sustainability*. 2020; 12(11):4439. <https://doi.org/10.3390/su12114439>

2. Botoş ID, Pantiş C, Bodolea C, Nemes A, Crişan D, Avram L, Negrău MO, Hirişcău IE, Crăciun R, Puia CI. The Dynamics of the Neutrophil-to-Lymphocyte and Platelet-to-Lymphocyte Ratios Predict Progression to Septic Shock and Death in Patients with Prolonged Intensive Care Unit Stay. *Medicina (Kaunas)*. 2022 Dec 23;59(1):32. doi: 10.3390/medicina59010032. PMID: 36676656; PMCID: PMC9861709.

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4. Zaha DC, Bungau S, Uivarosan D, Tit DM, Maghiar TA, Maghiar O, Pantis C, Fratila O, Rus M, Vesa CM. Antibiotic Consumption and Microbiological Epidemiology in Surgery Departments: Results from a Single Study Center.

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5. Popa AR, Bungau S, Vesa CM, Bondar AC, Pantis C, Maghiar O, Dimulescu (Nica) IA, Cseppento DCN, Rus M. Evaluating the Efficacy of the Treatment with Benfotiamine and Alpha-lipoic Acid in Distal Symmetric Painful Diabetic Polyneuropathy. *Rev. Chim.[internet]*. 2019 Sep;70(9):3108-3114. Available from: <https://doi.org/10.37358/RC.19.9.7498> (autor cu contributii egale),

6. Glevitzky I, Dumitrel GA, Glevitzky M, Pasca B, Otrisal P, Bungau S, Cioca G, Pantis C, Popa M. Statistical Analysis of the Relationship Between Antioxidant Activity and the Structure of Flavonoid Compounds. *Rev. Chim.[internet]*. 2019 Sep;70(9):3103-3107. Available from: <https://doi.org/10.37358/RC.19.9.7497> (autor cu contributii egale cu primul autor),

7. Bumbu GA, Berechet MC, Pop OL, Nacer K, Bumbu G, Maghiar OA, Bratu OG, Ștefănescu ML, Pantiș C, Bumbu BA. Primary malignant melanoma of the bladder - case report and literature overview. *Rom J Morphol Embryol*. 2019;60(1):287-292. PMID: 31263858., <https://rjme.ro/RJME/resources/files/600119287292.pdf>

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9. P. Marian, C. Pantiș, M. C. Șomlea, B. Hanganu, A. A. Hleșcu, I. S. Manoilescu, F. Sandoiu, C. Crișan, C. Sava, Epidemiology of drowning in children in a Western region of Romania, *Rom J Leg Med*27(2)205-212(2019), <http://rjlm.ro/index.php/arhiv/736>

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14. Popa AR, Fratila O, Rus M, Aron RA, Vesa CM, Pantis C, Diaconu CC, Bratu O, Bungau S, Nemeth S, Nemeth S, et al: Risk factors for adiposity in the urban population and influence on the prevalence of overweight and obesity. *Exp Ther Med* 20: 129-133, 2020

15. Iorga RA, Bacalbasa N, Carsote M, Bratu OG, Stanescu AA, Bungau S, Pantis C and Diaconu CC: Metabolic and cardiovascular benefits of GLP-1 agonists, besides the hypoglycemic effect (Review). *Exp Ther Med* 20: 2396-2400, 2020, <https://www.spandidos-publications.com/10.3892/etm.2020.8714>
16. Zaha DC, Vesa C, Uivarosan D, Bratu O, Fratila O, Tit DM, Pantis C, Diaconu CC and Bungau S: Influence of inflammation and adipocyte biochemical markers on the components of metabolic syndrome. *Exp Ther Med* 20: 121-128, 2020, <https://www.spandidos-publications.com/10.3892/etm.2020.8663>
17. Uivaraseanu B, Bungau S, Tit DM, Fratila O, Rus M, Maghiar TA, Maghiar O, Pantis C, Vesa CM, Zaha DC. Clinical, Pathological and Microbiological Evaluation of Diabetic Foot Syndrome. *Medicina*. 2020; 56(8):380. <https://doi.org/10.3390/medicina56080380>
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19. Uivaraseanu, B., Bungau, S., Tit, D. M., Behl, T., Maghiar, T. A., Maghiar, O., Pantis, C., Zaha, D. C., Patrascu, J. M. "Orthopedic surgery approach with uncemented metallic prosthesis in knee osteoarthritis increases the quality of life of young patients". *Experimental and Therapeutic Medicine* 21.5 (2021): 541.
20. Vindis K, Nemeth N, Marge C, Pantis C, Pop MG, Pop MS, Bondar LI, Jurcau MC, Babeş K. Effects of Physical Exercise on Walking Distance and Functional Limitations in Patients with Chronic Dyspnea. *Medicina*. 2025; 61(4):636. <https://doi.org/10.3390/medicina61040636>
21. Zaprojan N, Hodişan R, Pantiş C, Csep AN, Zaprojan C, Zaha DC. Genotypic and Phenotypic Methods in the Detection of MDR-TB and Evolution to XDR-TB. *Antibiotics*. 2025; 14(7):732. <https://doi.org/10.3390/antibiotics14070732>
22. Bujoreanu, F.C.; Radaschin, D.S.; Fulga, A.; Bujoreanu Bezman, L.; Tiutiuca, C.; Crăescu, M.; Pantiş, C.; Niculet, E.; Pleşea Condratovici, A.; Tatu, A.L. Cutaneous Changes Beyond Psoriasis: The Impact of Biologic Therapies on Angiomas and Solar Lentigines. *Medicina* 2025, 61, 565. <https://doi.org/10.3390/medicina61040565>
23. Jurcă MC, Ivaşcu ME, Jurcă AA, Kozma K, Magyar I, Şandor MI, Jurcă AD, Zaha DC, Albu CC, Pantiş C, Bembea M, Petchiş CD. Genetics of congenital solid tumors. *Rom J Morphol Embryol*. 2020 Oct-Dec;61(4):1039-1049. doi: 10.47162/RJME.61.4.06. PMID: 34171053; PMCID: PMC8343493.