



*diseases*

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A special issue of *Diseases* (ISSN 2079-9721).

Deadline for manuscript submissions: **31 October 2026**

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### **Special Issue Information**

Dear Colleagues,

Mental health disorders are a leading cause of disability worldwide. Despite advances in neuroscience, genetics, and digital health, a significant gap remains between research discoveries and clinical practice. Bridging this translational gap requires a multidisciplinary approach that integrates biological mechanisms with clinical innovation, ethical reflection, and patient-centered care.

This Special Issue, entitled “**The Future of Mental Health: Bridging the Translational Gap Between Mechanism, Practice, and Ethics,**” aims to encourage dialogue between basic science, clinical psychiatry, and ethical and societal perspectives. Contributions addressing translational neuroscience, neuroinflammation, precision psychiatry, digital psychiatry, artificial intelligence in mental healthcare, and the ethical challenges of emerging technologies are particularly welcome.

**Original research articles, reviews, and interdisciplinary perspectives that contribute to bridging the gap between scientific discovery, clinical practice, and ethical responsibility are welcome.**

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